

CERTIFICATE OF PARTICIPATION

This is to certify that

Cheyne Macintosh

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 02:26:53

PACE 11:16/km

GENDER 79 of 79

OVERALL 131 of 149

OPEN 40 of 40

23 June 2019, Sun

Date



BoutTime

Signature

